

Quarterly Newsletter

September 2014, Issue 1



Events & Dates

Suicide Awareness Week

16 Sep:
Prescription Drug Take Back Day

04 Oct: 5th annual CAC/STB/FMWR ½ Marathon

A Look inside the Community Health Promotion Council

The term *Community Health Promotion Council (CHPC)* will become more familiar to those at Fort Leavenworth. Since early 2014, the installation welcomed a Health Promotion Operations team, whose primary goals are to support the CHPC in the Army's Ready and Resilient Campaign (R2C) efforts.

R2C is a collection of programs designed to guide the Army's efforts and build the physical, emotional and psychological resiliency of the Total Force, which includes Soldiers (Active, Reserve and National Guard), Army Civilians, and their Families. The goal is to enhance personal and unit readiness and to ensure the health and wellness of every aspect of the Army team. The CHPC is responsible for supporting

the R2C at the installation by holding a quarterly CHPC meeting, chaired by the Senior Commander, and includes the Garrison Commander, Hospital Commander, Brigade Commanders and Subject Matter Experts. The purpose of the meetings is to assess the community's needs, analyze trends and develop resolutions for identified issues with collaboration efforts.

Each installation has, or will have, a Health Promotion Operations team and CHPC to improve their health and overall resiliency.

This newsletter will serve as a communication tool allowing community members to stay informed about initiatives, local events, programs and general health and wellness tips. In addition to the newsletter, monthly

publications highlighting resiliency efforts will be available in the Lamp. We encourage all community members to highlight their positive resiliency efforts or provide feedback and ideas for issues and programs by contacting the Health Promotion Team at:

usarmy.leavenworth.imcom-central.mbx.chpc@mail.mil

We look forward to hearing from you! For more information regarding R2C and CHPC, please visit:

www.army.mil/readyandresilient



Stay Connected With Us!

There are several ways you can stay in the loop with the Health Promotion Operations Team and Community Health Promotion Council.

- Follow us on Facebook at: www.facebook.com/FortLeavenworthCHPC
- Look for our new site, coming soon on the CAC webpage at: <http://usacac.army.mil/organizations/chpc>