CPT Patrick Anderson was born and raised in San Diego, California. He graduated from San Francesco State University with a Bachelor of Arts in International Relations and holds a Master of Business Administration from Webster University.

CPT Anderson commissioned in the Army as a Second Lieutenant in August 2015. His military education includes the Military Police Captains Career Course, Military Police Basic Officer Leader Course, Safety Officer Course, Antiterrorism Officer Course, Combatives Level 1, and Combat Lifesaver's Course.

CPT Anderson's previous assignments include Executive Officer, Headquarters and Headquarters Company, Combined Arms Center; Property Book Officer, 18th Military Police Brigade; Executive Officer, 529th Military Police Company, 709th Military Police Battalion; and Platoon Leader, 529th Military Police Company, 709th Military Police Battalion.

CPT Anderson's awards include Army Commendation Medal, Army Achievement Medal (2OLC), National Defense Service Medal, Global War on Terrorism Service Medal, Army Service Ribbon, the Overseas Service Ribbon, and the Army Service Unit Award.