



## Leader Professional Development Kits

# Leading With Empathy

### LPD Summary

This session helps Army leaders improve their understanding of others by providing strategies to become more relatable, improve interactions with others, and lead with empathy.

### Learning Objectives

- Describe what it means to relate well to others.
- Describe how to demonstrate empathy as a leader.
- List strategies you can use to create an environment that values empathy and relating well to others.

### Materials Recommended

- Facilitator Guide
- PowerPoint Slides
- Participant Packet
- PC Computer or Laptop
- Projector, screen, & A/V cables
- Markers & paper or white board

### Let's Connect!

- On the web: [cal.army.mil](http://cal.army.mil)
- On Facebook: [USArmyCAL](https://www.facebook.com/USArmyCAL)
- On Instagram: [@usarmycal](https://www.instagram.com/usarmycal)
- On Twitter: [@USArmyCAL](https://twitter.com/USArmyCAL)
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**PREPARATION:**  
60 MIN

**DELIVERY:**  
52 MIN

**AUDIENCE:**  
All Army Leaders

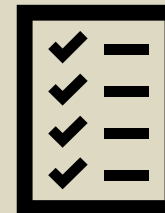


# Step-by-Step Instructions for Delivering This LPD Session



## 1. Schedule

- Schedule the LPD session.
- Reserve space and equipment.
- Coordinate support roles.



## 2. Prepare

- Study the Facilitator Guide and materials.
- Tailor the presentation for your unit as needed.
- Print out participant packets.



## 3. Deliver

- Prepare the room.
- Deliver the session using the Facilitator Guide, PPT slides, and handouts provided.



## 4. Group Discussion

- Ask tough questions.
- Discuss how information can be applied to your unit/team/organization.
- Determine what actions leaders will take to make improvements.