

Leading With Empathy After Action Review Form

PURPOSE

The purpose of this After Action Review (AAR) is to help your organization improve its Leader Professional Development (LPD) program. Your feedback will help identify areas of this session that went well and areas that could be improved.

SESSION GOALS

The goal of this session is to help Army leaders improve their understanding of others by providing strategies to become more relatable, improve interactions with others, and lead with empathy.

After you participate in this session, it is expected that you will be able to:

- Describe what it means to relate well to others.
- Describe how to demonstrate empathy as a leader.
- List strategies you can use to create an environment that values empathy and relating well to others.

YOUR FEEDBACK

Answer the following questions below:

Question	Your Feedback
<p>Were the goals of this session met? If not, explain why.</p>	
<p>What went well during this session?</p>	
<p>Are there any areas in which the session could be improved? If so, please specify.</p>	