Leader development activities occur in three domains: institutional, operational, and self-development (AR 350-1). This guide is designed to assist leaders with the self-development domain by identifying and locating relevant available military resources. These sites, particularly for junior leaders, are available to assist with professional development, career management, personal assistance, and situational awareness. These resources help improve Army leaders at their current level and provide a pathway for progress.

The Center for Army Leadership (CAL), located at Fort Leavenworth, KS, conducts leadership and leader development research, studies, analysis, assessment and evaluation; provides the Army leadership and leader development doctrine, products and services; develops and maintains the Army Leader Development Strategy and annexes; and manages the Army Leader Development Program.
Professional Development

Army Career Tracker (ACT): Users can search multiple education and training resources, monitor career development and receive advice from their leadership. https://actnow.army.mil

The Multi-Source Assessment and Feedback (MSAF) Program: A confidential and developmental 360 degree assessment showing leaders how their superiors, peers, and subordinates see them in relation to the Army leader competencies. The program offers coaching, leadership development tools, and the Virtual Improvement Center (VIC). The VIC is a collection of instructional media designed to assist the leader in increasing their leadership skills. The site includes resources to include relevant websites, stories, and simulations focused solely on individual improvement in each Army leader competency. https://msaf.army.mil

Center for Army Profession and Ethic: Serves as the proponent for the Army Profession, the Army Ethic and character development. https://cape.army.mil


ATRRS Self Development Center: Access 5,000+ Web-based IT, business, and personal development courses that are available to Army employees www.atrrs.army.mil/selfdevctr/eLearningWelcome.aspx

Situational Awareness


All Army Activities (ALARACT) Messages: Stay up to date with the current and archived All Army Activities Messages. https://www.us.army.mil/suite/page/550282


Army Professional Forums (NETs): Facilitates online forums to share expertise and experience, develop intuitive leaders, improve decision making, and develop organizations. https://www.milsuite.mil/book/community/spaces/apf


Officer/Enlisted Personnel Management Directorate Branch: offers current branch specific information from branch managers and their contact information. https://www.hrc.army.mil/Officer/Officer%20Personnel%20Management%20Directorate


Physical/Mental Wellness

Comprehensive Soldier Fitness: A structured, long term assessment and development program to build the resilience and enhance the performance of every Soldier, Family member and DA civilian. http://csf.army.mil/

Global Assessment Tool (GAT): Measures soldier fitness emphasizing the following five elements: physical, emotional, social, spiritual and family. https://www.sft.army.mil/

Resilience Training: Offers strength-based, positive psychology tools to aid Soldiers, Leaders and Families in their ability to grow and thrive in the face of challenges and bounce back from adversity https://www.resilience.army.mil

Army Suicide Prevention Program: Improves Army readiness through training and awareness of Army Suicide Prevention Program policies. https://www.armyg1.army.mil/hr/suicide

Army Sexual Harassment/Assault Response & Prevention Program: Improves Army readiness though training and awareness. https://www.sexualassault.army.mil


Tricare: The health care program serving Uniformed Service members, retirees, and their families worldwide. www.tricare.mil